



Prepare at Home Cooking Instructions

Green Curry Chicken, Green Curry Tofu, Red Curry Chicken, Red Curry Tofu, Devil's Chicken, Chicken Tenders, Deep Fried Basa, and Chicken Wings

Stove Top

- _ Thaw Package
- _ Cut plastic package and pour ingredients into a pan
- _ Cook on medium heat
- _ Stir occasionally
- _ Cook until internal temperature exceeds 165°F. Use a meat thermometer for best results.

Microwave - From Frozen

- _ Poke a hole in the packaging
- _ Microwave for 2 - 3 minutes
- _ Poke another 2 holes in the Package
- _ Microwave for 4-5 minutes
- _ Cook until internal temperature exceeds 165°F. Use a meat thermometer for best results

Rice - From Frozen

- Poke a hole in the packaging
- Microwave for 1 minute
- Poke another 2 holes in the Package
- Microwave for 2 - 3 minutes
- Cook until internal temperature exceeds 165°F. Use a meat thermometer for best results